



SOUND STARTS

INTERNSHIP FACT SHEET

THE INTERNSHIP EXPERIENCE

CONTACT



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Internship Director
Mary Altom, MT-BC



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POPULATION

Sound Starts primarily serves individuals age 0-25 with intellectual disabilities or Autism either at one of our centers or in the special education school setting.

OUR TEAM

Sound Starts employs 11 music therapists and an admin assistant. Interns also have the opportunity to interact with teachers, staff, and other therapy disciplines. Read more: www.soundstartsmusic.com/ourteam

ACCOMODATIONS

Housing, meals, or stipend are not available at this time. Intern must have transportation and COVID-19 Vaccine. Liability insurance and fingerprinting are required at the expense of the intern. No legal affiliation is required.

- **About.** Sound Starts is a private practice that provides groups and individual music therapy sessions as well as therapeutic music instruction in Frisco, Grapevine, and Prosper, Texas. Services take place at our centers as well as schools and other community organizations.
- **Location.** Frisco, TX is one of the fastest growing cities in the U.S. Frisco is home to several professional sports teams, IKEA, and ample shopping and dining opportunities. All the amenities offered by the Dallas-Fort Worth Metroplex are just minutes away.
- **Intern opportunities.** An intern begins every 3 months. Four internship opportunities are offered per year (Jan./April/July/Oct).
- **Hours.** Hours are Tuesday-Saturday 9 am – 6:30 pm. Saturday is a required day of internship. Interns will complete 3-5 clinical hours per day. On occasion, special events will require evening or weekend attendance.
- **Length.** Sessions are typically 30-60 minutes 1x per week for each client. We run some groups and camps throughout the year.
- **Structure.** Sessions typically have a familiar opening/closing song and specially designed music activities are used to address specific objectives. Objectives may address communication, social, motor, academic, and cognitive domains.
- **Interns will experience:**
 - Weekly meetings with your supervisor(s)
 - Time for documentation and planning
 - Ample observation hours
 - Ample independent treatment experience
 - Special project and case study
 - Community presentations
 - Observation of other music therapists
 - Monthly special topic trainings including Adapted Lessons, Behavior Management, Business/Insurance, SEMTAP, Drumming for Kids, Neurorehabilitation, Texas Medicaid Waivers and Consultations/Marketing

COMPETENCIES

Interns are expected to:

- Sing on pitch with appropriate rhythm and volume
- Accompany self on piano and guitar in a variety of keys (A, C, D, E, G) using a minimum of I, IV, V7, vi chords in each key
- Compose simple original songs
- Be comfortable with musical skills so that focus is on the client
- Interact with team music therapists, directors, other professionals in a respectful and timely manner
- Clearly articulate when asked, "What is music therapy?"
- Be on time to scheduled sessions
- Complete basic session planning and implement planned or practiced music therapy strategies

The above will be evaluated based on the intern's application, academic transcripts, recommendation letters, and demonstration of music skills. Qualified applicants will be further reviewed through a personal interview.

For more info and to apply, visit soundstarts.com/internship